



# St. Agnes Catholic Parish

Pastor: Rev. Fr. Jeff Bergsma

Permanent Deacon: Rev. Mr. Ed MacIntosh

Administrative Assistant: Mrs. Deb MacIntosh

Bookkeeper: Mrs. Kathy Bader

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## The Second Sunday in Lent

March 1, 2026



**Focus:** *The Transfiguration is a sign of hope.*

*The Transfiguration is a sign of hope. When Jesus was transfigured before his disciples, they had a glimpse of the glorified future that awaits the faithful. Through the power of Jesus Christ, we can be transformed, leading the holy lives to which he calls us. Filled with his light and goodness, we will shine with his glory in this life and in the world to come.*

# PARISH NEWS & EVENTS



**STATIONS OF THE CROSS:** Every Friday of Lent, Stations of the Cross will be at St. Agnes Parish at 6:30pm in advance of the 7pm Mass. Join us for this wonderful devotion and make it part of your Lenten journey this year.

**FORGIVEN: NEXT SESSIONS** **Wednesday**, Mar. 4<sup>th</sup> at 7pm; and **Tuesday**, Mar. 10<sup>th</sup> at 7pm. Come down to the Parish Center for the presentation. Please call the office to let us know if you need help with the lift.

**CWL EXECUTIVE MEETING:** March 2<sup>nd</sup> at 6:45pm in the CWL Room.

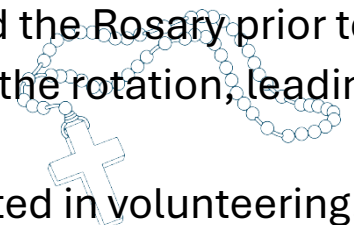
**PARISH COUNCIL MEETING:** March 3<sup>rd</sup> at 7pm in the Conference Room.

**CRAFTERNOON with LIZ:** March 3<sup>rd</sup> at 1pm in the Parish Center. Join Liz for a SPRING themed craft; something to get us in the mood for the warm weather!

 **THE SACRAMENTAL PREPARATION TEAM INVITES YOU TO BE PART OF OUR ANNUAL LENTEN PRAYER CAMPAIGN.**

This year, St Agnes Parish is preparing 135 students for First Communion or Confirmation. Sometimes, as parishioners, we might feel that this preparation involves only the candidates and their families, but as part of this faith community, we could help these candidates in their preparation. You can be part of this campaign with your intercessory prayer offered for a specific student by picking up a name from the basket in the narthex. Names will be continually added over the next few weeks. We want to thank you in advance your kind and generous prayers for all our students, and all the involved in the preparation process.

**4:30pm SATURDAY ROSARY LEADERS:** Can you lead the Rosary prior to the Saturday 5pm Holy Mass? You would be added to the rotation, leading once every 5 or 6 weeks. Please contact Marilynne at [St.Agnesprayernetwork@gmail.com](mailto:St.Agnesprayernetwork@gmail.com) if you are interested in volunteering.





## DIOCESE OF HAMILTON

February 23, 2026

To the Faithful of the Diocese of Hamilton

Dear Brothers and Sisters in Christ,

The season of Lent presents to us the privileged paths of prayer, fasting, and almsgiving, inviting us to strip away all that holds us back from a deeper relationship with the Lord Jesus Christ. Prayer connects us with the very Author of life, while fasting sharpens our attention to those things which truly nourish our spirit. Almsgiving, in turn, is an essential expression of our Lenten journey, allowing us to put our faith into action by serving the Lord through those whom He holds so dearly: the poor and the disadvantaged.

Giving to those in need not only helps to transform their lives—a worthy pursuit in itself—but it transforms our own hearts and lives as well. Serving Christ in His poor configures us more closely to the Lord and draws us nearer to the Kingdom He proclaimed during His public ministry. In *Dilexi te*, Pope Leo XIV's recent Apostolic Exhortation, our Holy Father reminds us: *"I am convinced that the preferential choice for the poor is a source of extraordinary renewal both for the Church and for society, if we can only set ourselves free of our self-centeredness and open our ears to their cry."*

On Sunday, March 22, 2026, the Fifth Sunday of Lent, our parishes will invite support for Development and Peace – Caritas Canada through the Solidarity Sunday Collection. This year's Share Lent campaign, *On Track for Justice*, is an important expression of solidarity with Catholics across Canada and with our brothers and sisters throughout the world who rely on these vital humanitarian initiatives. I am deeply grateful for your generous support in past years and for the many ways you continue to advance works of justice and compassion.

This collection takes place during the Jubilee Year of Saint Francis of Assisi, proclaimed by the Holy Father to mark 800 years since the saint's passing to eternal life. The life of Saint Francis bears enduring witness to the inseparable bond between Christ and the poor, reminding us that self-giving love for Christ bears abundant evangelical fruit in every generation. May his example inspire us to respond generously to those in need this Solidarity Sunday.

As we journey through Lent, let us recall the words of the prophet Micah and embrace anew what the Lord asks of us: *"to act justly, to love tenderly, and to walk humbly with your God"* (Micah 6:8). With gratitude and prayerful best wishes for a blessed and fruitful Lenten journey, I remain

Sincerely Yours in Christ,

*+Joseph Dabrowski*

Most Reverend Joseph Dabrowski, CSMA  
Bishop of Hamilton

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# CWL Joint Lenten Retreat

## Listening in the Wilderness of Lent

Saturday, March 7, 2026

St. Agnes Parish, Waterloo

9am – 12:30 pm



### Listening in the Wilderness of Lent

In recent years, with the encouragement of Pope Francis, and continuing with Pope Leo, the Church has been firmly placed upon a synodal path. The People of God, all the baptised, have been strongly encouraged to listen deeply to each other, to the world, to the earth, and most importantly, to the Holy Spirit. During this Lenten Season, Deacon Richard will lead us on a journey into the wilderness, where we are encouraged to listen to God's will for the world, the Church, and for each of our lives.

Deacon Richard Olson is a Catholic educator with over three decades of experience in a variety of roles: teacher, chaplain, principal, and superintendent. He is the author of *It Began with a Promise: Demystifying Biblical Narrative for Teachers* (2013), and *The Catholic Teacher as Catechist* (2021).

- We start with Saturday morning Mass at 9 am in the church, followed by the Rosary
- The Retreat starts at 10:15 am in the parish hall (downstairs)
- Hospitality is provided before and during the Retreat
- Funded by the Waterloo CWL councils, no fee to attend

**ALL WOMEN ARE WELCOME**

CWL members and non-members. Bring a friend along!

# Vacation Bible School 2026!

Questions? email: [vbs.stagnes@gmail.com](mailto:vbs.stagnes@gmail.com)

Up Up & Away in the Assorted Saints hot air balloon! Take flight with your copilots, Juan Diego, Brigid of Ireland, Martin de Porres, Nicholas of Myra, and Kateri Tekakwitha on a five-day adventure! At an altitude of 1500 feet float over land and sea. Let the wind propel you and DISCOVER the timeless virtues of faith, hope, and love at each DESTINATION!



Click [HERE](#) to register!

**WHEN?** Mon-Fri., July 6-10, 9am – 12:15pm.

**AGE?** Going into SK to going into grade 6 (born 2015 to 2021)

**COST?** \$35 per camper, with subsidies available

**Youth Volunteers** – registration soon!

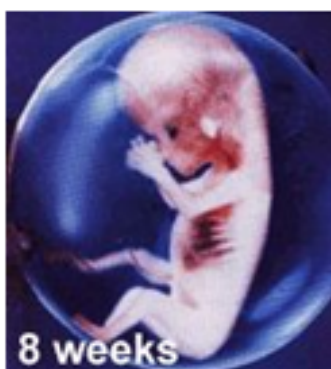
It is wonderful that we have had a lot of interest in youth leadership at VBS! Watch for Youth Leader registration opening very soon.

**Adult volunteers are always needed!**

There are various roles to fill, including:

- Planning and preparation
- Helping guide younger campers
- Helping run a center (arts and crafts, music, faith, sports, and games)

There are roles to suit any comfort level and to make use of each one's unique gifts! Please email [vbs.stagnes@gmail.com](mailto:vbs.stagnes@gmail.com)



## **MONTHLY PRO-LIFE PRAYER VIGIL**

**OPPOSITE FREEPORT HOSPITAL  
THURSDAY, MARCH 5<sup>th</sup>, 2026  
10AM to 11AM**

**All are welcomed and urged to come out to pray  
and be a witness for God's unborn babies being  
aborted. Their silent screams cry out to be heard!!  
Will you be their voice and witness today?**

**Please pray to end abortion and pray for the  
conversion of hearts.**

**Freeport Hospital - 3570 King St. E., Kitchener  
Parking: Schneider Park (across the road)**

**If you cannot physically attend, would you devote an hour  
praying? Thank you and God bless you.**

**E-mail: [cmlamers@rogers.com](mailto:cmlamers@rogers.com); Phone: 519-742-9025 (Cathy)**

**Future monthly prayer vigils:  
Apr. 2<sup>nd</sup>; May 7<sup>th</sup>; June 4<sup>th</sup>**

## **St. Agnes Parish** **Lent and Easter Schedule 2026**

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### **Ash Wednesday**

Mass at 10am with St. Agnes School  
7pm Evening Mass

### **Extra Confession Times:**

Tuesday, March 24	9:30am - 11:30am
Wednesday, March 25	12pm - 4pm
Wednesday, April 1	5pm – 8pm

### **Stations of the Cross**

Every Friday during Lent at 6:30pm in advance of the 7pm daily Mass.

### **Palm Sunday of the Passion of the Lord** - March 28/29

Weekend Mass times as usual: Sat. 5pm; Sun. 9am, 11am & 7pm.

### **Holy Thursday, Mass of the Lord's Supper** - April 2, 7pm

**Vigil of Adoration** until 7am.

### **Good Friday of the Passion of the Lord** - April 3, 10am & 3pm

**Stations of the Cross** at 7pm

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### **Holy Saturday** - April 4

**Blessing of the Easter Food** 12pm

**Easter Vigil** 8 pm

\*\*Incense will be used

### **Easter Sunday of the Resurrection of the Lord**

April 5 - Masses at 9am & 11am

\*\*No 7 pm Mass



# Mass Schedule

Mondays – **no Mass**

Tuesdays, Wednesdays & Saturdays **9am**; Thursdays & Fridays **7pm**

## Lord's Day Masses:

Saturday **5pm**; Sunday **9am, 11am & 7pm**

**Holy Hour:** Thursdays at **6pm**

**Reconciliation:** Saturdays at **9:30 – 10am; 3:30 – 4:15pm** or by appointment.

**CONSIDER MAKING YOUR OFFERING THROUGH CANADA HELPS:** This option allows you to make a secure donation directly to St. Agnes Parish on this webpage [119110450RR0101-st-agnes-parish | CharityProfile | Donate Online](https://www.stagneswaterloo.com/119110450RR0101-st-agnes-parish-CharityProfile)

**E-transfers** can be made to St. Agnes Parish at any time at [stagneswaterloo@hamiltondiocese.com](mailto:stagneswaterloo@hamiltondiocese.com)

Please put your **first AND last name** in the memo line or we cannot create a tax receipt.

CANADA  
HELPS  
QR CODE



MASS INTENTIONS for March 1 – March 8			
SUNDAY	9am	†Francis & Maria Nguyen	Nguyen Family
	11am	†Anka, Milan, Milos & Lazar Raletic	Julia & Dan
	7pm	Pro Populo	
TUESDAY	9am	David & Annemarie Turalija	Zrinka Turalija
WEDNESDAY	9am		
THURSDAY	7pm	Fr. Jeff; all Priests & Seminarians	Friends of the Pallottines
FRIDAY	<b>6:30pm</b>	<b>Stations of the Cross</b>	
	7pm	Neimeson Ferreira	Errol Ferreira
SATURDAY	9am	Fr. Joonbin Lim	Corinne, Tara & Marilyn
SATURDAY		<b>9:30 – 10am; 3:30 – 4:15pm CONFESSIONS</b>	
	5pm	†Drew Buchanan	Dan Tonin
SUNDAY	9am	†Yu Thi Ngan	Hoang Family
	11am	Pro Populo	
	7pm	†Ed Dobson	Phyllis Sprout

## Contact Us

**Office Phone:** 519-885-4480

**Office Hours:** 9am – 4:30pm

**\*SSVP Food Assistance:** 519-504-8399

**Email:** [office@saintagnescatholicchurch.org](mailto:office@saintagnescatholicchurch.org)

**Website:** <https://saintagnescatholicchurch.org/>

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