



St. Agnes Catholic Parish

Pastor: Rev. Fr. Jeff Bergsma

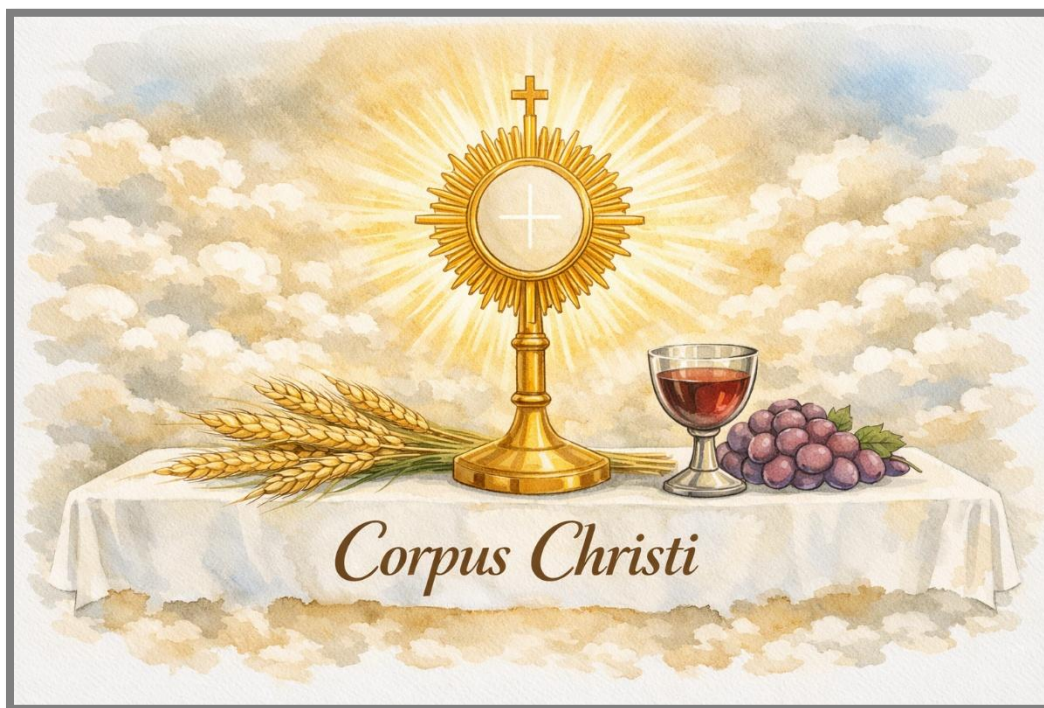
Permanent Deacon: Rev. Mr. Ed MacIntosh

Administrative Assistant: Mrs. Deb MacIntosh

Bookkeeper: Mrs. Kathy Bader

The Most Holy Body and Blood of Christ

June 7, 2026



Focus: *In the Eucharist, the Lord nurtures our souls and makes us one with him.*

Today, on the Solemnity of the Most Holy Body and Blood of Christ, we profess what we believe and celebrate at every Mass: The simple, ordinary gifts of bread and wine are transformed, by the power of the Holy Spirit, into our Lord's Real Presence. When we partake of the Eucharist, Jesus remains with us. Let us pray that we may be more aware of this presence so we can proclaim this truth to others.

NEWS & EVENTS at ST. AGNES

Where everyone is welcome!

Our Parish Novena to the Sacred Heart of Jesus continues to be prayed at each Mass (INCLUDING Mass on Monday, June 8th at 7pm) until the Feast of the Sacred Heart on June 12th. Novena prayer cards will be in the envelope racks of the pews, and we ask you to leave them there for the duration.

The Church dedicates the month of June to the Sacred Heart of Jesus—the living sign of Christ’s infinite love for humanity. In the Heart of Jesus, we encounter both the Source of Divine Mercy and the call to love as He loves. This month, Bishop Dabrowski invites us to place the Sacred Heart at the center of our homes, and continue offering daily this prayer:



O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all of the intentions of your Sacred Heart, in union with the holy sacrifice of the Mass throughout the world, in thanksgiving for your favours, in reparation for my sins, for the intentions of all my family and friends, and in particular for the intentions of the Holy Father, Amen.

Additional prayers and resources for the Month of the Sacred Heart of Jesus are available on the diocesan website:

www.hamiltondiocese.com/sacredheart



Scan to explore Diocesan resources for the Sacred Heart of Jesus.

ANNUAL PARISH COUNCIL MEETING: Sunday, June 7th, 2026, at 3pm.

MASS at the CARMEL OF ST. JOSEPH: Wednesday, June 10 at 7pm.

Mass at the Carmel of St. Joseph in St. Agatha - Wednesday, June 10 at 7pm sharp. All parishioners are welcome to attend. Carpooling available, please inform the office. If you would like to bring items to the nuns in residence, these donations would be appreciated:

- new canning jars with lids
- hygiene items such as toilet paper, Kleenex, toothpaste
- fresh fruit, canned fish, beans (canned or dried), various other vegetarian foods

A box labelled Carmel will be available on the weekend of June 6/7 for those not able to attend the Mass but would still like to contribute.

MEN'S SOCIAL HOUR: Please come join us on Monday June 8 at 1:00 pm in the conference room for our **last monthly men's social hour before our summer break.** Please enter by the back doors. In addition to coffee, Timbits and lively conversation, we will have a presentation on Canadian Roadside Attractions to prepare everyone for their summer driving tours!



We will resume our social hour again in September. Please call John Vogan at 226-978-4013 for more information.

**Altar Servers
needed!**



Upon meeting with altar servers... ***“The dignity of their service helps lead people into the sacred greatness of the Mystery.”***

Pope Leo XIV. **CAN YOU HELP SERVE AT MASS?** We always need altar servers for weekend masses. We particularly need adult servers for weekdays and special occasions such as funerals and weddings. If you think you can help with this or would like to learn about serving at mass, please approach Fr. Jeff and express your interest.

KNIGHTS of COLUMBUS: will be offering **Roses For Life** on Father's Day after 9 & 11am Masses. There is no cost for these roses however, donation will be gratefully accepted for Knights of Columbus many charitable works.



St. Agnes Parish

PANCAKE BREAKFAST



June 21st

after the 9 & 11am Masses
Free-will donation.

Come celebrate one another – especially our fathers!



THE CANADIAN ROSARY GUILD THANKS YOU FOR YOUR GENEROUS DONATIONS OF JUST OVER \$430 – YOUR HELP IS GREATLY APPRECIATED!

NORTH OF 60 PROJECT A reminder that the St. Agnes SSVP North of 60 campaign continues until June 22nd. Food prices in communities north of the 60th parallel can be exceptionally high, one shopping dollar here is the equivalent to **about 13 cents** there and keeps communities and families in poverty. St. Agnes SSVP is supporting the community of Naujaat this year with an estimated population of 1398 and is an [Inuit](#) hamlet situated on the [Arctic Circle](#). We are collecting Lipton Chicken Noodle Soup mix, the 4 pkgs/box size, instant rice, the 700 g size, and instant mashed potatoes. **To date, 45 packages of soup, 29 boxes of instant rice and 23 packages of instant mashed potatoes have been donated.** Thank you to all those who have already contributed! We ask you to please consider donating an item(s) to this worthwhile cause. Donated items can be placed in the Saint Vincent de Paul box, which is located beside the Family Room in the Narthex. Thank you.

WALK WITH JESUS: Retreat for Parents Who Have Experience the Death of a Child. The loss of a child is a most challenging event in the life of any parent. This grief is acute and challenging. The Diocese of Hamilton invites you to join us for this healing day. Whether the loss is recent or some time ago, we know this day will help to restore your inner core. The retreat will be offered from 9 am to 4 pm on Saturday, October 10 or Saturday, November 7th. The \$20 fee includes lunch. Registration is required for set up and lunch. You can register on the Diocesan home page at hamiltondiocese.com under upcoming events (look for the date retreat of the date), or by calling the office at 905-528-7988 ext. 2249.

ADULT FAITH FORMATION through VLCFF The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2026. Three- and five-week e-seminars are also available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at www.hamiltondioceselearns.com

ST. AGNES EDUCATION CAFE

Small Talks on Big Topics

The Mystery of the Liturgy & Eucharist: Source & Summit of the Christian Life

A special video presentation by Bishop Robert Barron,
Word on Fire, followed by commentary + with Fr. Jeff Bergsma

About the Event

The Mass it is said, is the supreme expression of Catholic liturgical life. As Catholics, we have the privilege of participating in this sacred liturgy, kneeling side by side with one another, as one, in Christ's mystical body.

Are we truly aware of what we enter into with our participation in the Mass?

Pope Francis stated: "This is the Mass: to enter this passion, death, resurrection, ascension of Jesus; when we go to Mass it is as if we're going to Calvary itself."

Bishop Robert Barron beautifully shares that the Mass is an intense form of encounter with Jesus, in the communion of a shared meal & yet, at the same time in a sacrifice. "In the Liturgy, we partake in this most privileged & intimate encounter with our Lord Jesus Christ; we are intimately joined with the Body, Blood, Soul & Divinity of Jesus through the Holy Eucharist.

Join us for this special presentation - one that can help each of us to understand how to more fully, consciously & actively participate in the Holy Sacrifice of the Mass, ***"the source and summit of the Christian life."***

Tuesday June 16th 7:00-8:30pm St. Agnes Church

75 Bluevale St N, Waterloo

Vacation Bible School 2026!

Questions? email: vbs.stagnes@gmail.com

Up, Up & Away in the Assorted Saints hot air balloon! Take flight with your copilots, Juan Diego, Brigid of Ireland, Martin de Porres, Nicholas of Myra, and Kateri Tekakwitha on a five-day adventure! At an altitude of 1500 feet float over land and sea. Let the wind propel you and DISCOVER the timeless virtues of faith, hope, and love at each DESTINATION!



Click [HERE](#) to register!

WHEN? Mon-Fri., July 6-10, 9am – 12:15pm.

AGE? Going into SK to going into grade 6 (born 2015 to 2021)

COST? \$35 per camper, with subsidies available

Youth Volunteers – registration is full; direct further inquiries to vbs.stagnes@gmail.com

Adult volunteers are always needed!

There are various roles to fill, including:

- Planning and preparation
- Helping guide younger campers
- Helping run a center (arts and crafts, music, faith, sports, and games)

There are roles to suit any comfort level and to make use of each one's unique gifts! Please email vbs.stagnes@gmail.com

Mass Schedule

Mondays – **no Mass**

Holy Hour: Thursdays at **6pm**

Reconciliation: Saturdays at **9:30 – 10am; 3:30 – 4:15pm;** or by appointment

MASS TIMES and INTENTIONS for May 31 – June 7			
SUNDAY	9am	†Maria Cuc Pham	Chien Dinh
	11am	†Philoma Aloshious	The Family
	7pm	Pro Populo	
MONDAY	7pm	Alyssa Buddingh	
TUESDAY	9am	†Paul Michalski	Larry Ertel & Family
		†Joanne Jacobs	Eugenia Cusson
WEDNESDAY	9am	†Dereck Saldanha	Suze D'Costa
THURSDAY	7pm	Priests & Religious of Hamilton Diocese	Serra Club
		David & AnneMarie Turalija	Zrinka Turalija
FRIDAY	7pm	Frank & Fluorina	Family
SATURDAY	9am	World Peace & Conversion of sinners	Sat. Morning Rosary Grp
	5pm	†Tony Van Dalen	Messent Family
SUNDAY	9am	†Maria Cuc Pham	Chien Dinh
	11am	†Anna Maria Dinh	Nguyen Family
	7pm	Pro Populo	

Thank you for supporting St. Agnes Parish!

PREFERRED METHOD: CONSIDER MAKING YOUR OFFERING THROUGH CANADA HELPS: This option allows you to make a secure donation directly to St. Agnes Parish on this webpage 119110450RR0101-st-agnes-parish | [CharityProfile](#) | [Donate Online](#)



**CANADA
HELPS
QR CODE**



E-transfers can be made to St. Agnes Parish at any time at stagneswaterloo@hamiltondiocese.com

Please put your first AND last name in the memo line or we cannot create a tax receipt.

If you are e-transferring for another purpose [i.e., mass stipend or spaghetti dinner, for example] please include that in your message on your e-transfer. Otherwise, your funds are deposited directly into general offertory.

Contact Us:



Office Phone: 519-885-4480

Email: office@saintagnescatholicchurch.org

75 Bluevale Street North Waterloo, ON N2J 3R7

Office Hours: Tues. – Fri.: 9am – 4:30pm

Website: <https://saintagnescatholicchurch.org/>

***SSVP Food Assistance:** 519-504-8399