



St. Agnes Catholic Parish

Pastor: Rev. Fr. Jeff Bergsma

Permanent Deacon: Rev. Mr. Ed MacIntosh

Administrative Assistant: Mrs. Deb MacIntosh

Bookkeeper: Mrs. Kathy Bader

Seventeenth Sunday in Ordinary Time

July 26, 2026



Focus: *All things work for good for those who love God.*

Saint Paul reminds us in his Letter that we are called by God to be images of his Son. But to be truly like him we need the gifts of wisdom and understanding, and an openness to allowing the Holy Spirit to guide us in working for the kingdom of heaven. We find the kingdom in Jesus, who is the way.

Prayer for the 6th World Day for Grandparents and the Elderly.

Holy Father, who watches over every person
watch over me too when I am elderly.
You have revealed Your name to me in Christ,
And You were not discouraged by my frailties.
You hold me tenderly in Your hands,
And You caress my lines.
You will never forget me!
(ISAIAH 49:15)



Grant that I may not fear my weakness;
help me learn to love it just as You love it.
Help me learn to listen to it just as You listen
to it. Help me embrace it just as You have
chosen it – You who, though all powerful,
clothed Yourself in humility. May growing old
strip away all our pride and all division so
that we may live these years united in You.
You will never forget us!
Amen.

NEWS & EVENTS at ST. AGNES PARISH

Where everyone is welcome!

POSTPONED: We have decided to postpone our Movie Nights until later in the year.

PARISH REGISTRATION & INFORMATION UPDATE



Update Your Parish Info!



Call Us: 519-885-4480

office@saintagnescatholicchurch.org

Update your address, phone & email.

GETTING READY FOR SCHOOL?? PREPARING FOR SACRAMENTS??

This is the best time of year to [update](#) your personal information or [register](#) in the parish. And if you are preparing for kindergarten, or the Sacraments of First Communion or Confirmation, you will need a copy of your Baptismal certificate. Contact the parish office and [request your copy now](#) and we will be happy to forward your copy directly to the Sacramental Preparation Team for you.

Altar Servers: We also still need altar servers! Servers at all Masses are needed, but we particularly need adult and young adult servers for funerals and weddings. Please see Fr. Jeff to offer your name.

WHAT'S IN IT FOR YOU??

Our Parish has many opportunities for you to enrich your faith by participating in the life of the Church:

Our engagement in one or some of these ministries and/or organizations enriches our life of faith as we witness to others.

CWL – The Catholic Women's League

USHERS and **GREETERS**

MAINTENANCE

CHILDREN'S LITURGY

GARDENING

Ministers of the **WORD**

Extraordinary Ministers of **HOLY COMMUNION** – especially visiting the sick and homebound.

HOSPITALITY

SSVP – The Society of St. Vincent de Paul; helping our neighbours in need.

MUSIC MINISTRY

SACRISTAN

YOUTH MINISTRY

ALTAR SERVERS – Adult and Youth

KNIGHTS of COLUMBUS

RCIA – Rite of Christian Initiation of Adults

ROSARY LEADERS



Read about many of these on our website and/or inquire at the office or any Usher can direct you to the right resource person!

Catechism of the Catholic Church (CCC 910): "The laity can also feel called, or be in fact called, to cooperate with their pastors in the service of the ecclesial community, for the sake of its growth and life."

Did you know...

The Liturgy of the Hours or **The Divine Office** is the official, daily prayer of the Catholic Church that sanctifies each part of the day.

Who Can Pray It?

EVERYONE! Priests and Religious (pray the Hours in their entirety) Deacons (are bound to the morning and evening prayers), and all the faithful are invited to join.

Lay people, families, parish groups, and individuals can pray any part of the Hours—whether from a breviary, an app, or simplified parish versions. The books come in a variety of forms: The four-volume set, the single book: The book of Christian Prayer, a large print version, and an abbreviated version with just morning and evening prayers: Shorter Christian Prayer.

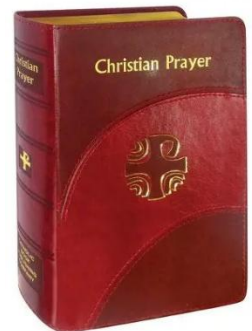
It is a cycle of psalms, scripture readings, hymns, and intercessions prayed at set times throughout the day. It answers Paul's exhortation to "pray without ceasing" (1 Thess. 5:16-18) and is rooted in ancient Jewish prayer (the Psalms were already being prayed before Christianity existed) and shaped by centuries of Christian tradition.

The Major Hours

- Office of Readings: A rich collection of Scripture and writings from saints and Church Fathers
- Morning Prayer (*Lauds*): Praise for the new day; focuses on resurrection and hope
- Daytime Prayer (*Terce, Sext, None*): Short prayers marking mid-morning, noon, and afternoon
- Evening Prayer (*Vespers*): Thanksgiving for the day; includes the Magnificat
- Night Prayer (*Compline*): A peaceful close to the day with examination of conscience.

Why It Matters

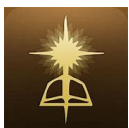
- Unites the Church across the world in one voice of prayer
- Sanctifies time—turning ordinary hours into moments of grace
- Deepens personal spirituality through Scripture and psalms
- Connects parish life to the universal rhythm of the Church



A Simple Way to Begin:

Start with Morning Prayer or Evening Prayer. They are the “hinge hours” and the most accessible for daily life. *Some apps for the Divine Office include:* iBreviary, Divine Office, Universalis, and **Laudate – the number one Catholic app.**

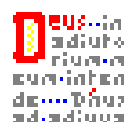
iBreviary



Divine Office



Universalis



LAUDATE



Mass Schedule

Mondays – **no Mass**

Holy Hour: Thursdays at **6pm**

Reconciliation: Saturdays at **9:30 – 10am; 3:30 – 4:15pm;** or by appointment

MASS TIMES and INTENTIONS for July 26 – Aug 1			
SUNDAY	10am	†Holy Souls in Purgatory	Nguyen Family
	7pm	Cecil Ferreira	Errol Ferreira
TUESDAY	9am	Stuart †McKenna/Kreuzer Family †Perumal Rajmani	Suze D'Costa John McKenna Agnes Das
	9am	†Brenda McKenna	John McKenna
WEDNESDAY	9am	†Brenda McKenna	John McKenna
	7pm	Jennifer Gies & Family †Bob & Diane Kirk †Kazimierz Giwojno	St. Luke Staff Saturday Morning Rosary Group Agnes Das
FRIDAY	7pm	†Walter & Victoria Soltysiak	Cecile Motz
SATURDAY	9am	†Paul Moser	Moser Family
	5pm	Pro Populo	
SUNDAY	10am	†Wilhelm & Elizabeth Lamers	Lamers Family
	7pm	All Souls in Need	Nguyen Family

Thank you for supporting St. Agnes Parish!

PREFERRED METHOD: CONSIDER MAKING YOUR OFFERING THROUGH CANADA HELPS: This option allows you to make a secure donation directly to St. Agnes Parish on this webpage [119110450RR0101-st-agnes-parish | CharityProfile | Donate Online](https://119110450RR0101-st-agnes-parish/CharityProfile/DonateOnline)



**CANADA
HELPS
QR CODE**



E-transfers can be made to St. Agnes Parish at any time at stagneswaterloo@hamiltondiocese.com

Please put your first AND last name in the memo line or we cannot create a tax receipt.

If you are e-transferring for another purpose [i.e., mass stipend or spaghetti dinner, for example] please include that in your message on your e-transfer. Otherwise, your funds are deposited directly into general offertory.



Contact Us:

Office Phone: 519-885-4480

Email: office@saintagnescatholicchurch.org

75 Bluevale Street North Waterloo, ON N2J 3R7

Office Hours: Tues. – Fri.: 9am – 4:30pm

Website: <https://saintagnescatholicchurch.org/>

***SSVP Food Assistance:** 519-504-8399